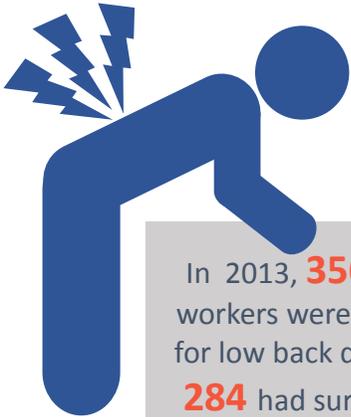


# Maryland

## Occupational Health and Safety

Tracking occupational health indicators allows Maryland to increase consistency and availability of occupational disease and injury surveillance data

In 2011, Maryland added **Indicator 20:**  
Hospitalizations for Work-Related Low Back Disorders



In 2013, **356** Maryland workers were hospitalized for low back disorders and **284** had surgery for low back disorders.

**15-20%** of Americans report back pain<sup>1</sup>  
**100** million U.S. workdays are lost annually to low back disorders<sup>1</sup>  
**2/3** of all U.S. low back pain cases are attributable to work activities<sup>1</sup>

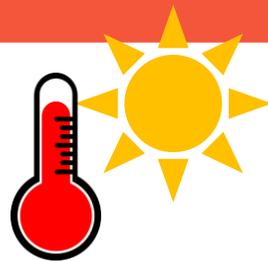
In 2012, Maryland added **Indicator 22:**  
Hospitalizations for Work-Related Severe Traumatic Injury

Acute work-related trauma is a leading cause of death and disability among U.S. workers.<sup>1</sup>

In 2013, there were **239** work-related severe traumatic injury hospitalizations in Maryland, at a rate of **8.2** per 100,000 workers.

In 2013, Maryland added **Indicator 24:**  
Emergency Department Visits for Occupational Heat-Related Illness

In 2013, there were **43** occupational heat-related illness ED visits, at a rate of **1.5** per 100,000 workers.



1. [www.cste.org/general/custom.asp?page=OHIndicators](http://www.cste.org/general/custom.asp?page=OHIndicators)

For more information see Occupational Health Indicators #20, 22, and 24 at: <http://phpa.dhmm.maryland.gov/OEHFP/EH/Pages/occupational-safety-and-health-in-maryland.aspx>